## MentorMe

## Could you help change happen?



We are looking for people who want to volunteer to be a mentor for someone who has been through the prison system but is wanting positive change as they return to life outside.

MentorMe's staff team provide free, fun, engaging, high quality training and supervision to ensure that each of our mentors feels well supported and part of a team. Mentors need to be reliable, understanding, patient, and empathetic but we do **not** need them to feel that they are experts in this area - life experience and a good sense of humour are the only requirements!

Are you interested? Why not come and find out more?

## **Training Sessions**

with a view to becoming a mentor

Saturday 6th May 9.30 am to 3 pm Wednesdays 10th,17th & 24th May 7.00 pm—9.30 pm

(all sessions must be attended)

St Agnes Church, Thomas Street, Bristol. BS2 9LL

To book a place email alison@mentormeuk.org 0117 403 7905