UNDERSTANDIR

Saturday Morning Training Seminars

23.09.17 Addiction & the Brain

18.11.17 Relapse & Recovery

13.01.18 Trauma & Attachment

10.03.18 Mental Health

The 12 Step Programme & Mutual Aid Groups

1. Vidio Pavennert Programme & Alcebel Counce

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12.05.18 The 12 Step Programme & Mutual Aid Groups Lydia Davenport, Drugs & Alcohol Counsellor 08.07.18 From Homelessness to Independent Living Richard Sayer, Salvation Army Hostel Manager

VENUE: Woodlands Church, Upper Hall, BS8 2AA TIME: 9.30–12.30am Coffee from 9.15am Suggested donation £5 per session on the door | Refreshments provided

To book your place or for more information please go to: www.liferecoverygroup.org or call 07858 757 226

